

## Medical and Dietary Concerns

Every team member is expected to be in good health and daily activities may be strenuous. It is imperative that we are aware of any special medical and dietary concerns which you may have. In most cases, we can accommodate your needs by carefully selecting your team or work assignments. However, we cannot accommodate strict vegetarian diets or severe physical handicaps or medical conditions (i.e., no wheelchairs, crutches, heart conditions, etc).

Medical and/or dietary concerns, including allergies and medications.

.....  
.....  
.....  
.....

**Medical Insurance:** We recommend that you have current medical insurance valid in Belize, since you are responsible for the cost of any treatment which you may receive. First-aid kits are available to deal with minor medical problems. MRP does NOT cover professional medical costs. I understand that this project involves strenuous physical activity. My health and physical condition are good enough to permit my full participation as a team member. I also understand that I am responsible for the cost of any medical care which I may receive while involved with the project or at any other time.

**Signature:** ..... **Date:** .....

## Liability Disclaimer

For and in consideration of my participation in the archaeological research expedition to Belize or Mexico, Participant hereby recognizes that participation is voluntary. Participant expressly agrees and understands that the Maya Research Program, project members and all landowners shall not be held liable in any way whatsoever for any injury, damage, loss, accident, delay, substitution or irregularity with respect to persons or property occasioned by any cause whatsoever arising out of or in connection with the trip.

For the same consideration and without conflict with the foregoing, Participant hereby releases and discharges the Maya Research Program and all landowners, their officers, employees, agents, and heirs, successors and assigns, both in their official and individual capacities, jointly and severally, from any actions, causes of actions, claims, demands, costs and expenses on account of or in any way growing out of any and all loss of personal property as the result of any accident, delay or irregularity, which may be caused by either in whole or in part by any defect in any vehicle, airplane, vessel, or negligent operation thereof or through any act, omission, or default of any company or person, or by reason of the condition or use of any real or personal property while Participant is en route to or from or participating in the trip or occasioned by it.

Participant further promises to bind himself/herself and all heirs, administrators and executors to indemnify and forever hold harmless the Maya Research Program and all landowners, their officers, and employees against loss, damage, or expense to Participant that may at any time be made or brought against any and all of said parties because of any accident or occurrence while Participant is en route to or from or participating in any activity related to the trip or occasioned by it.

Participant acknowledges the right of the Project Director to terminate Participant's relationship with the expedition at any time and for whatever reason. In such event, the Participant understands that his/her donation to the Maya Research Program is not refundable.

**Signature:** ..... **Date:** .....